

LŐRINC KATALIN

Written by Mary and Kata:

Óriási húzóerő az energiád, amivel hozzáállsz az órákhoz. Jó mikor építő kritikákat mondasz, mert ösztönzi a munkánkat. Nagyon hasznosnak tartjuk a technikát, aminek az „őszanya” vagy. (Mary: Úgy érzem kicsit megragadtunk az alap gyakorlatoknál, bele lendülnék bonyolultabb sorokba is.)

Written Bakos Anett, Judit and Jasna:

Having her after so many time, gave a great results in the body, because it mostly remembered and we got much better. Some questions we had became more clear. It was good taking the class again.

Written by Evelin, Ildikó, Ana and Felícia:

You make an atmosphere,
but sometime it is not working.

We had classes from september and doing the same exercises with a little variations.

Maybe the group is too big or there are a lot of differences between us-students but we think we could improve a lot more and learn a lot more.

Aside of that she is able to make a class-something for everybody.

A lot of personal corrections, showings, using the touch and makes you feel the right way of doing the graham technique.

She is always motivated for the class and make us motivated and even if everything is wrong for us- she tries to make a class in a way we feel that day and what we can do that day. (Ana Tot, Német Ildikó, Bokor Felícia, Novák Evelin)

Written by Hanga, Keltin, Orsi, Dóri:

Hááát, igazából nem találunk kivetnivalót az óráiddal kapcsolatban. Mindig lelkes vagy, mindenkre ugyanúgy figyelsz, egyértelműek az instrukcióid. Motiváló, mert mindig van kihívás, de nem helyezed túl magasra a léceket.