

BAKÓ TAMÁS

Written by Marina Donatone:

Tamas Bako is definately a great, attentive and generous teacher. During the contact improvisation course I had the possibilities not only to challenge myself and to discover new possibilities but most importantly to find myself guided into a primitive learning, experiencing things nothing else but with my own immature body. That's the most precious experience I got from those classes, the happyness of finding my body trying out things with curiosity and unpreparation. It has been indeed a stimulating work. What I missed is the possibility to do more contemporary dance classes with him. Thank you!

Written by Van Tsze Fu:

Tomas is very kind and good teacher, Im very like his dancing. When he explaining in classes, I can really deep concentrate in!
And (just for fun) I really like contact with him, I can feel very save and I very trust him.

Written by Aiste, Petra, Julija, Marina:

Tamas has great structure of the class. He always gives time for a dancer to embody all the informations. He gives a lot of good instructions and corrections. Sometimes the class is more monotonic with less energy, otherwise we find the classes and tasks very useful and important.

Written by Mary, Kata:

Az utóbbi időben, a kortárs órákon azt érezzük, hogy túl sok a magyarázat és ez leviszi az óra energiáját. Tréningjeid nagyon hasznosak és jól esik csinálni őket. Azt érezzük, hogy fejlődünk és puhábbak lettünk.

Written by Báder János:

You have got great classes. What I really like in your classes is that you help me understand the English expression.

Written by Bakos Anett, Polgár Judit, Cupic Jasna:

Precious, calm and developing way you use through every class, whether it's contact or contemporary. Speaking while working helps a lot, because sometimes I can get insecure to move on and make a step forward. We find your training very useful, because it's a basic to every other thing we do. Floor work, is for each of us different, sometimes even if we can't remember the material, if we understand the logic of it, it makes everything easier. The classes are built in order, starting on the floor and moving up.

Written by Novák Evelin, Ana Tot, Német Ildikó, Bokor Felícia:

His classes are built up fantastic, using the first simple exercise during the whole class in more complicated moves, a lot of explanations and showing. We miss more personal corrections during the class. He understands our needs and moods, he gets maximum from every one of our states. He is always patient and kind to every one of us, using different ways of showing, explaining so everybody can understand.

Written by Czédulás Hanga, Vágner Orsi, Szokol Katalin, Varga Dóra:

Nagyon szeretjük az órát persze, megnyugtató, jó a belső figyelem. Tudjuk mire számíthatunk, néha talán túlságosan is. Nagyon beletomulunk. :)

A kontaktnál volt olyan érzésünk, hogy nem elég fokozatosan indítottunk és nem kaptuk el a flowt, nem tudtunk egymásra hangolódni. Nehéz volt 3-an kezdeni például.

